

# LEAP youth

**oikos**

**oikos is an international student-driven organization for sustainability in economics and management. Founded in 1987 in Switzerland, we today empower leaders to drive change towards sustainability worldwide.**



**Our Mission:** To transform economics and management education by empowering student change agents, raising awareness for sustainability opportunities and challenges, and building institutional support for curriculum reform.

**Our Vision:** Economics and Management purposed for a sustainable world.

**Our Values:** Respect, Integrity, Accountability and Openness.

[Learn more about oikos](#)

## what is LEAP

Since 2015 LEAP has helped over 300 young talents to become change agents in the oikos community and beyond by equipping them with the necessary competencies, qualities, practices, tools and global network to become conscious leaders in the co-creation of thriving and sustainable societies.

Within this initiative we have developed 4 different programs:

- **LEAP YOUth:** Intense 10-month personal and leadership development journey.
- **LEAP Researchers:** 9-month program for early career researchers.
- **LEAP Life:** for LEAP Alumni & Volunteers from all programs to continue their development.
- **LEAP Tools:** a living set of resources and guides to help facilitate conscious leadership at the local level.

### **oikos vision**

economics and management education purposed for a sustainable world

### **oikos mission**

transform economics and management education by empowering student change agents, raising awareness for sustainability challenges and opportunities and building institutional support for curriculum reform

### **LEAP vision**

leadership purposed for a sustainable world

### **LEAP mission**

empowering student change agents to become conscious leaders in the co-creation of thriving, sustainable societies.

[Learn more about LEAP](#)

# Impact

Equip participants with capacity in key aspects of conscious leadership with a focus on personal development and transformative change for sustainability.

Empower and inspire participants to act as conscious leaders, expanding their learnings and impact in their communities.

Equip participants with capacity for personal care/wellbeing and resilience in leadership.

Form a global community of support based on connection and trust within LEAP & oikos.



LEAP is a 10-month program including a summer break in July and is held in English with most elements being online. Every 2 months participants tackle a different dimension of the Inner Development Goals. They always get input materials and receive an input webinar to create a picture of what is there to learn. Then they reflect on their learnings with their Peer Groups, their 1:1 Coach and by themselves before diving into practical applications with a workshop. Finally, they embed the learnings into their lives and evaluate how it helped them to become a more conscious leader.

The LEAP program uses a rich scaffolding of theories, concepts, methods, tools and practices to foster conscious leadership in the context of transformation for sustainability.

The Inner Development Goals (IDG) refer to the skills and qualities needed as a leader to successfully work with complex societal issues, particularly those identified in UNs Agenda 2030 and the 17 Sustainable Development Goals.

1	2	3	4	5
<b>BEING</b> — Relationship to Self	<b>THINKING</b> — Cognitive Skills	<b>RELATING</b> — Caring for Others and the World	<b>COLLABORATING</b> — Social Skills	<b>ACTING</b> — Driving Change
Inner compass Integrity and Authenticity Openness and Learning Mindset Self-awareness Presence	Critical thinking Complexity awareness Perspective skills Sense-making Long-term orientation and Visioning	Appreciation Connectedness Humility Empathy and Compassion	Communication skills Co-creation skills Inclusive mindset and intercultural competence Trust Mobilization skills	Courage Creativity Optimism Perseverance

The Inner Development Goals



Iceberg Theory



Theory U



4 Fold Practice

# LEAP Youth

is an intense 10-month leadership development journey that challenges participants to face the most daring questions in life and dive deep into their personal development.

As the participants adopt and share the lessons learned in their oikos chapters and communities, they start to practice conscious leadership. The result is strengthened chapter performance and greater impact in line with the oikos mission.

lead by Alexandra Horvath & Roberta Domingues

[Find out more on the website](#)



Anyone looking to build a career in sustainability should undoubtedly take part in the LEAP program! It truly is a transformative and insightful leadership experience.

Madeleine Bruce, oikos St. Andrews



The LEAP experience has been transformative for me. Overall, it has provided me with improved self-awareness, allowing me to create my life compass. This facilitates navigation in our complex world with alignment regarding my personal vision, values, strengths and wheel of life.

Mathieu Shank, oikos Copenhagen

2022 in numbers

40  
Participant  
s

from 20  
countries

and 25  
chapters

69  
Volunteers

39  
coache  
s

and 30  
Alumni

2022 in numbers

16  
Participant  
s

from 10  
countries

and 13  
universities

16  
Volunteers

14  
coaches

and 2  
Alumni

# LEAP Researchers

will empower young academics to reach their full potential in personally & professionally, while fulfilling the mission of transforming the economic system. It will focus on master & PhD students or postdoctoral researchers who address sustainability challenges in their research and/or teaching.

lead by Lenka Kepkova

[Find out more on the website](#)



Magdalena Rusch,  
University of Graz

“The oikos LEAP researcher’s track was a thought-provoking and creative journey that inspired me in many different ways. It is a great leadership program that offers space for dialogue, co-creation, and personal development. For me, it was an excellent place to connect with like-minded people and explore new ideas together.”



Jakob Knauf,  
University of St. Gallen

“The LEAP Researchers’ Track has really boosted my personal development in research and teaching. Monthly meetings, 1:1 coaching, and advising university students on curriculum reform are just a few examples of this program where participants can create real impact towards greater sustainability.”

# LEAP

## Budget

If you are looking for a meaningful way to support the LEAP program, we invite you to join us as a donor and contributor! Contact us to via [leap@oikos-international.org](mailto:leap@oikos-international.org) to become a donor and help us sustain ourselves in the longterm.



[oikos.world/leap](http://oikos.world/leap)

<b>General Costs</b>	<b>152'000 CHF</b>
<b>Salaries</b>	<b>144'000 CHF</b>
<b>Material</b>	<b>500 CHF</b>
<b>Clifton Strengths Assessment</b>	<b>7'500 CHF</b>

### Explanations

3 part time program managers + IT & Communication support

Material for meetings

Find more info [here](#).

Such an extensive program as the LEAP needs a lot of dedication and can thus not be managed by volunteers only. Our experienced employees manage and organize the programs with devotion and enthusiasm. They organize everything from input materials & webinars to onsite meetings and evaluations.

<b>Program Costs</b>	<b>90'940 CHF</b>
<b>LEAP YOUTH</b>	<b>81'300 CHF</b>
Kick-off Meeting	34'700 CHF
Midterm Meeting	46'600 CHF
<b>LEAP Researchers</b>	<b>9640 CHF</b>
Kick-off Meeting	6940 CHF
Midterm Meeting	2700 CHF

### Explanations

50 international people for 5 days + travel reimbursement  
50 international people for 8 days + travel reimbursement

10 international people for 5 days + travel reimbursement  
5 international people for 3 days + travel reimbursement

The onsite meetings play a crucial role in setting a foundation for participants development and deepen their knowledge and experiences.

In the kick-offs we help participants to open their mind for new learnings. In the Midterm we place special importance on them practicing what they have learned which enables them to ultimately hold a summit at the end of the program where they share their learnings with the public in the form of workshops.

**Total Costs**

**242'940 CHF**

[For a more detailed budget see here](#)