



UKRAINE

Displacement is on the rise as Ukraine prepares for worst winter in 30 years

Introduction

As Europe braces itself for a harsh winter, targeted attacks have **destroyed more than 50% of Ukraine’s energy infrastructure**. Millions of people are living in damaged homes or makeshift shelters, leaving them incredibly vulnerable. On average, winter temperatures in Ukraine remain below freezing for months at a time and can reach **as low as -4 degrees Fahrenheit**. Snow has already begun to fall, leaving many families with no choice but to leave their homes – some for the second time this year. Since February, approximately **7.8 million Ukrainians have sought refuge in neighboring countries**, and another 6.5 million people have been internally displaced within Ukraine. As a result of this conflict, the U.N. High Commissioner for Refugees (UNHCR) estimates that **17.7 million people are in urgent need of humanitarian assistance** and protection.

After nearly a year of conflict, the crisis in Ukraine has had both deep and widespread impacts around the world. The trauma of continued displacement, loss of livelihoods and access to markets, and exposure to conflict has taken a toll on the people of Ukraine. Children have been robbed of their childhoods and education, as their parents struggle to ensure their family’s survival. In neighboring countries, influxes of refugees have created challenges for public infrastructure and resources that had already been drained by years of the COVID-19 pandemic. The impacts do not end there. Before this year, Ukraine had been one of the top three grain exporters in the world. As far away as Somalia, farmers are feeling the impacts of the crisis as Russian and Ukrainian fertilizer, fuel and grain exports have been cut off.

In anticipation of a harsh winter and **new wave of refugee families**, CARE and our partners are providing life-saving assistance and critical psychosocial support to people affected by war and displacement. In Ukraine, CARE’s teams will provide families and individuals with **warm clothes and fuel** or cash to help



people prepare for what is expected to be **Ukraine's worst winter in 30 years**. CARE's team and partners in Ukraine will also provide **housing upgrades and shelter kits** for families whose homes have been badly damaged or destroyed in the fighting this year, as well as institutional upgrades to temporary shelters to ensure that displaced families have a safe and warm place to stay while they decide on their next steps. In Poland, Romania and other neighboring countries, CARE and our partners are preparing for a new wave of refugees to come across the borders and working to ensure that everyone can maintain their health, safety and dignity, with a roof over their head. Finally, CARE is also launching programs to address the more far-reaching impacts of the crisis, including the looming **global hunger crisis**.

The Ukraine conflict has tipped an already fragile world into a widespread hunger crisis. One person dies every four seconds from hunger and CARE has made it a priority to change that. We aim to reduce hunger for 15 million people with emergency assistance, climate-smart farming and by changing government food systems. A portion of your donation to the Ukraine Second Wave Fund will help us prevent starvation in vulnerable communities around the globe.

This update highlights accomplishments made possible through CARE's **Ukraine Humanitarian Crisis Fund**, which helps conflict-affected families to meet their most urgent needs, while also ensuring that they can continue to live with dignity and hope.

Humanitarian Response

The onset of winter has brought new dimensions to the humanitarian crisis in Europe. CARE is working with our partners in Poland, Romania, Moldova, Germany and Slovakia to ensure that their teams have the capacity to receive a new wave of refugees, while we also continue to work with local organizations within Ukraine to support the **6.5 million internally displaced people (IDPs)** in the country. CARE has always put partnership and collaboration at the center of our humanitarian model, working in close cooperation with affected populations, seeking to respond to their needs as they define them. As such, CARE has invested heavily in a locally led approach to the Ukrainian refugee crisis, providing critical technical, administrative and programmatic support to local organizations to ensure that we reach the greatest number of people in need in an efficient and effective manner.

Ukraine

To date, CARE has **reached 659,073 people** nationwide, focusing on hard-to-reach communities with high numbers of IDPs. CARE has partnered with 13 organizations, most of which are local Ukrainian organizations, and co-leads a number of international task forces including the **Regional Gender Task Force** and **Action Team for Regional Gender Analysis** (led by CARE and U.N. Women) as well as the **Water, Sanitation and Hygiene (WASH) Gender and Inclusion Working Group** (co-led by CARE and UNICEF). In a highly volatile environment where safety and security concerns can change by the day, CARE conducts regular **access assessments** and is developing a **Real-time Review** system to monitor the humanitarian operations within Ukraine. Importantly, the most recent access assessment revealed that security protocols in place are now sufficient to deploy more staff to high-risk areas where emergency actions are critically needed – especially during winter.

Since February, CARE and our partners have reached more than 9,000 people in Ukraine with **multi-purpose cash assistance**. We have also **distributed more than 36,000 food kits, 21,000 medical kits and 60,000 hygiene kits** across Ukraine, reaching a total of 140,885 people in 131 communities in 17 oblasts (regions) of Ukraine. CARE has also supported **10 collective centers** with access to **clean drinking water** through the delivery of bottled water and the installation of water treatment systems that will **reach 15,000 people**.

In the area of Kyiv, Zhytomyr and Kharkiv, among others, Tvoya Opora and CARE support hospitals and other medical facilities with medical equipment such as anesthesia machines, ventilators, electric beds and medicine. Although doctors, especially those working at the frontlines, fear for their own lives, they stay at their positions and work overtime. The number of injured civilians, including those in critical conditions increases every day the war continues. In partnership with Tvoya Opora, CARE has provided **life-saving primary health services to 5,857 people in Kyiv City Clinical Hospital**.



Tvoya Opora-run clinic in Kyiv

Through CARE’s Women Lead in Emergencies initiative, CARE is partnering with six women-led women’s rights organizations across Ukraine and is working with the International Planned Parenthood Federation and Women’s Health and Family Planning to assist sexual and **gender-based violence survivors**. Together, we support facilities with supplies and equipment, building local capacity to provide survivor-centered care, and conducting outreach to ensure survivors know where and how to access services. In addition, CARE is also working with Vostok-SOS to establish five **safe spaces** for women and girls in Kyiv that will enable access to case management and psychosocial support. The team is in the process of recruiting a lawyer and a psychologist to support women who come to the safe spaces.

CARE is also working with organizations in neighboring countries to conduct **cross-border activities to reach IDPs in Ukraine**. In partnership with ADRA Polska and Centrum Pomocy Humanitarnej, CARE has delivered food and other essential non-food items to **15,640 IDPs in Ukraine**. CARE has also collaborated with the Polish Center for International Aid (PCPM) to provide multi-purpose cash assistance to 6,106 people in Kremenchuk, Poltava, Kharkiv, Izyum, Dnipro, Zaporozhzhia and Lviv. The Slovenian Red Cross has also deployed six trucks of critical supplies, benefitting approximately 200,000 people.

Poland

In **Poland**, CARE has partnered with PCPM, ADRA Polska, Polish Humanitarian Action (PAH) and other organizations to reach **116,446 people in Poland**. CARE Poland’s partners have also reached 23,782 people in Slovakia and 32,214 in Ukraine through cross-border programming.

To date, CARE and our partners have **reached 9,818 people with multi-purpose cash assistance**, including paying the salaries of 790 refugee teachers and staff working in Polish schools. This initiative not only gives



Daria Khrystenko is one of the Ukrainian teachers hired by CARE and PCPM to help children acclimate to their new lives in Poland

the teachers much-needed income, but also helps Ukrainian children, who are vulnerable and traumatized, to better integrate into their new environment and has **benefitted 39,500 people directly** (including refugee students) and 2,308 people indirectly (including the families of teachers and staff). PCPM and PAH also offer Polish language courses for adults and children – so far, the classes have been attended by 595 people. CARE’s **“Summer in the City”** program allowed children to continue their education over the summer break, which not only helped students to catch up lessons from their interrupted school year, but also provided a fun way for children to grow more familiar and comfortable in their new environment. More than 2,600 people

participated in cultural integration activities, like cooking classes. The program also provided critical food assistance to 5,000 people.

Alongside ADRA Polska and PAH, CARE has supported **48 refugee centers** across Poland, reaching 27,468 people. CARE's support helps ensure that the shelters are dispersed throughout the country – not just concentrated along borders and within major cities – and that they make use of existing infrastructure. One example of this is the Ukrainian House, a cultural center in the border town of Przemysl that turned into an impromptu consulate in the early days of the conflict with the support of CARE and PAH. CARE also is working in coalition to **evacuate vulnerable families** from Ukraine to seek refuge in Poland. To date, we have supported 1,167 people leave Ukraine.



Refugees in Ukrainian House in Przemysl, Poland

Alongside our partners, CARE has provided **GBV and sexual and reproductive health services to 890 women and girls** and trained 10 service providers to ensure sustainability. We have also offered anti-violence and self-defense trainings that reached 386 people.

CARE's teams in Poland are also working with two organizations **in Slovakia** to provide protection and **psychosocial support** for Ukrainian refugees as they process the trauma they have experienced this year. EQUITA, a civil society organization that works closely with the Intervention Team of the Ministry of Health of the Slovak Republic, has been working with CARE to provide emergency mobile medical support and GBV protection and care along the border with Ukraine. CARE has also partnered with Italian organization HelpCode, which specializes in providing education and training for children with innovative, practical solutions that improve their physical and mental wellbeing. To date, HelpCode has provided support to 23,677 people.

Romania/Moldova

In **Romania**, CARE is working with 30 local organizations, including our long-time partners **SERA** and the **Federation of Child Protection NGOs (FONC)** to help affected families. Approximately 10,000 to 14,000



refugees cross the Romanian border from Ukraine every day, and so our partners and sub-partners are ready at border points with food and water. SERA has delivered relief items, including diapers and blankets, at a key border crossing and has trained **900 clinicians** in emergency psychosocial support in border areas to help refugees process and overcome the trauma of war and displacement. As in Poland, CARE and our partners are also making Romanian language classes available to promote refugee integration into their host communities. CARE, SERA and FONC also are supporting the efforts of social services and child protection departments to assist vulnerable children on arrival and

at transit routes, particularly unaccompanied children.

In **Moldova**, CARE has established partnerships with three organizations with national reach and programs focused on **disability inclusion and protection**: Keystone Moldova, Women's Law Center and Memoria. These

organizations have been involved since the outset of the crisis and area all engages with humanitarian coordination and advocacy structures in Moldova.

Germany

CARE's team in Germany has not only been supporting the response within Ukraine but has also supported the integration of Ukrainian refugees within Germany. To date, CARE Germany has distributed **7,200 school starter kits** to refugee children all over Germany. CARE Germany is also working with six local organizations to provide financial support for refugee families. Eligible families can receive monthly installments of **30,000 Euros (\$31,836) for six months**, with the possibility of extending this period. The focus of our partner organizations is currently to support third-party nationals (i.e. non-Ukrainian citizens forced to flee Ukraine), women and girls, and members of the LGBTQIA+ community.

Funding Target

CARE's Ukraine Humanitarian Crisis Fund seeks to raise **\$150 million** to fund our relief and recovery efforts. Some examples of how your gift could help families displaced by conflict:

- **\$26** could provide a family fleeing to Romania with an emergency hygiene kit, including soap, laundry detergent, toothbrushes, wet wipes and sanitary materials.
- **\$38** could provide a person fleeing Ukraine with a mobile phone, SIM card and external battery to connect with friends and family back home and help plan their onward route.
- **\$81** could provide a family arriving in Romania with diapers, wet wipes, baby food and a thermos.

Conclusion

With humanitarian needs worsening and more people fleeing their homes every day, CARE and our partners are providing support where the needs are greatest – inside Ukraine and in border countries where refugees seek safety. The conflict in Ukraine has also caused ripple effects that have been felt around the world. Ukraine and Russia have been known as the breadbasket of Europe, exporting tons of grain to sub-Saharan Africa, Asia and elsewhere. The conflict has also restricted the distribution of fertilizer and fuel that farmers, around the world, need to grow their crops.

To date, CARE has raised more than \$80 million to support our response to the crisis in Ukraine. With your support, we can continue to deliver life-saving aid and long-term recovery assistance – both in Ukraine and the many countries experiencing the secondary impacts of the conflict – through your generous support of the **Ukraine Second Wave Fund**.¹

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¹ To effectively manage the current emergency response and continue to be able to deploy resources for other emergencies, CARE will reserve 20% of donations to the Ukraine response to cover technical support, administration and emergency preparedness expenses, including the rapid deployment of staff to emergencies such as this one. In addition, 20% of donations to this fund will be allocated to our response to the global hunger crisis that has been exacerbated by the situation in Ukraine.