



# SAFAL MRM FOUNDATION



**MABATI TECHNICAL  
TRAINING INSTITUTE**



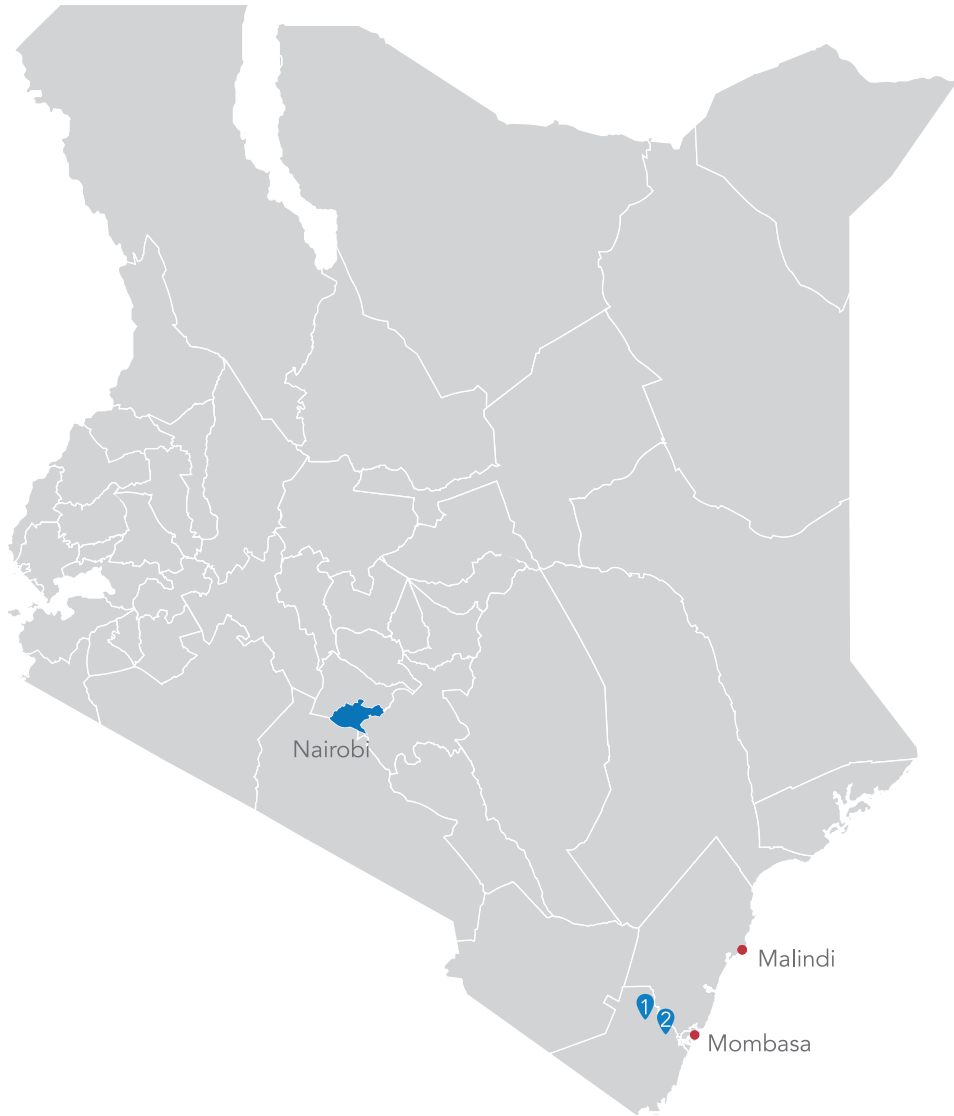
**MABATI MEDICAL CENTRE**

01

# About Us

The Safal Foundation is the Social Investment arm of the Safal Group in Africa. It was started in 2002 and seeks to serve the local communities in the countries in which the Safal Group operates by contributing in a practical way to the alleviation of human suffering and to better the lives of impoverished communities in Africa. Besides the Safal Group, the foundation's activities have also been funded by a vast cohort of partners, donors & employees.

The foundation supports initiatives that provide solutions to social challenges such as lack of access to education and health services. The Foundation also responds to humanitarian crisis like by supporting projects that projects geared towards the alleviation of the impact of natural disasters such as famine and drought to alleviate human suffering in times of crisis across all the countries of operations.



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### MABATI TECHNICAL TRAINING INSTITUTE

(Nairobi Highway, Mariakani, Mombasa Road)

2



### MABATI MEDICAL CENTRE

(Nairobi Highway, Mariakani, Mombasa Road)

The foundation's programs focus on 4 areas key areas namely Shelter, Education, Health and the Environment. To consolidate Foundation's initiatives across all countries of operations in Africa, our priorities are guided by the following principles and philosophies.



Shelter

Everyone should have a place they can call home, - That is why we build shelters for the less fortunate.



Health

A healthy community makes a happy and productive society, that is why we provide affordable health care.



Education

When you educate young people you are powering the hope and dreams of future generations. That is why we invest in youth skills development and training



The Environment

Our planet needs to be saved for future generations. - That is why we safeguard the environment.



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## A beacon of hope

In an impoverished area of Kaloleni District on the coast of Kenya, the Mabati Technical Training Institute is a beacon of hope. In this semi-arid area lies Mariakani Town, home to 100,000 people. The environment is only suitable for subsistence farming and scarce water resources force women and children to travel long distances to fetch fresh water. Education levels are low and most youth do not have the opportunity to access quality vocational training in the area.



The Mabati Technical Training Institute provides opportunities for needy youth from the villages around Mariakani township and Kilifi County acquire technical and vocational skills to enable them to participate in the workforce and support their families. The training offered at the Institute has integrated both practical and theoretical to allow youth to acquire both technical and desirable life skills needed in the dynamic labour market.

# 1000 youth

*Number of youth supported every year to access employment opportunities in the formal and informal sector by linking them to the industry for placement as interns or employees.*



# Knowledge brings hope



The Mabati Technical Training Institute offers disadvantaged young men and women the opportunity to acquire skills that will enable them to sustainably participate in the workforce to support themselves and their families. The Institute also strives to ensure that most students are gainfully employed on completion of their courses, which further contributes to the socio-economic development and transformation of the wider community in the area. It has been established as one of the training and youth empowerment pillars in the Mariakani area





# 8081 youth

*Number of youth supported since MTTI was started in 2004*



# Over 80%

*Trainees supported to undertake Government Trade Test and acquired accreditation through the National Industrial Training Authority.*



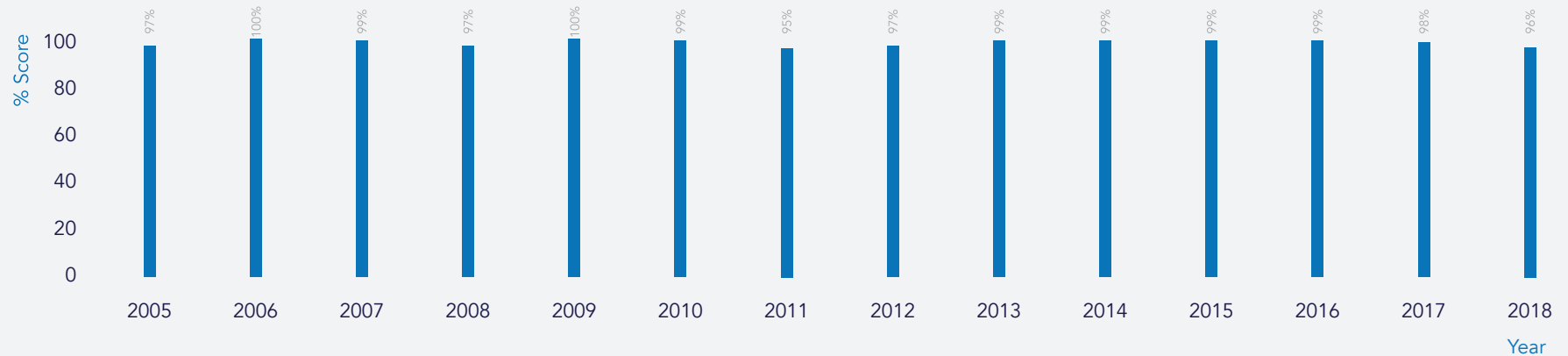
# Technical Vocational Skills Training Impacts, Achievements and Results

The Mabati Technical Training Institute trains over 1000 youth in any given year. The trainees are offered both part time and full time courses organized in flexible modules that allows them to be in class and at the same time acquire practical skills through internship and industrial attachment programs from the local industries.

The Trades offered are: General fitters, Electrical Wireman / Welding, Turning, Tailoring & Dressmaking / Welding / Turning / Electrical Fitter / Motor Vehicle Mechanic / Auto Electrical / Hairdressing & Beauty Therapy / Motor Cycle repair, Sewing Machine Operator, Cabinet Making and Computers operations

The Mabati Institute is registered with the Ministry of Education, Science & Technology and accredited as an examination centre by the National Industrial Training Authority (NITA). Trainees graduating from the training Institute are adequately empowered to fully participate social economic activities in their communities.

## Students Performance in NITA Exams



## And Beyond The Classroom: Building Strong Individuals That Will Succeed

The Training Institute has integrated both technical and life skills programs and believes that success is dependent on a balanced development of the total person.

Through talks, seminars and various extra-curricular activities, the youth are encouraged to embrace solid values and to take responsibility for their lives. They are also encouraged to discover their talents through competitions held in the fields of sport, music, dance and drama.

The ALUMNI body of past students is very active, sharing their experiences with outgoing students and giving first hand advice as to what to expect in the world of work. They also inform the Institute of any job opportunities in the companies where they work.

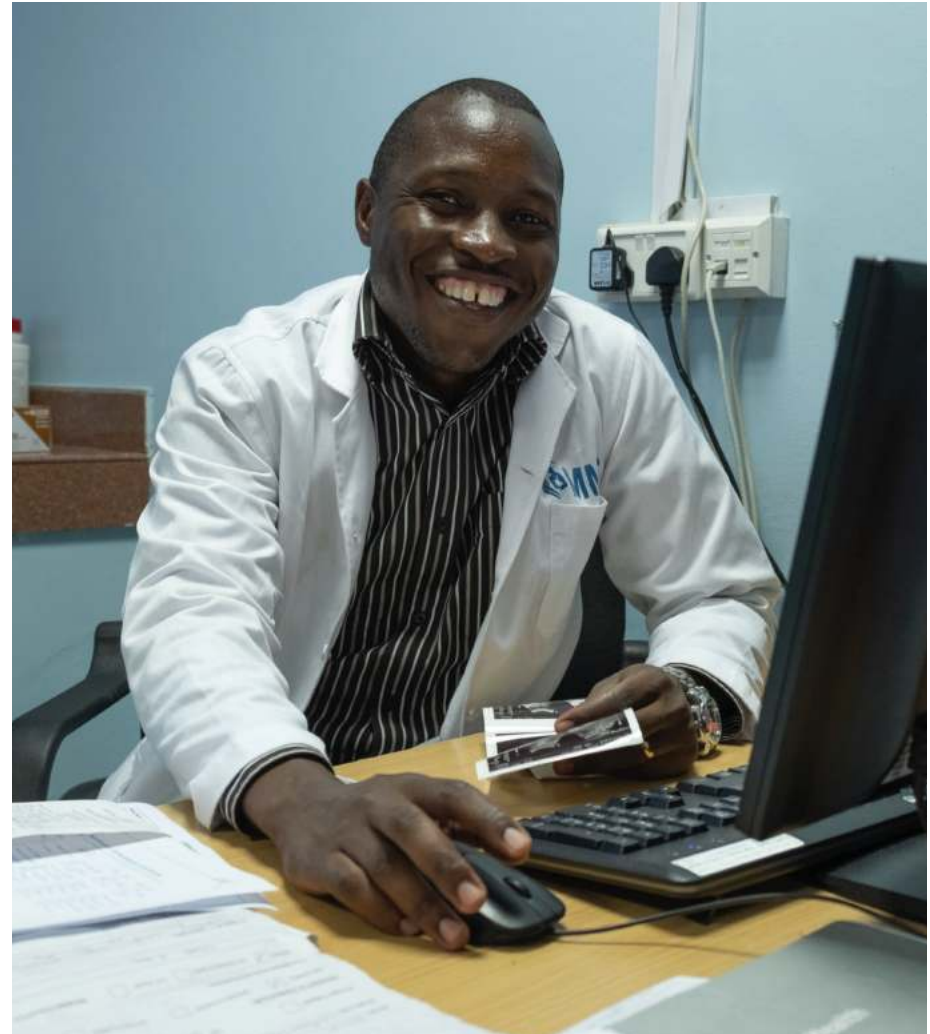


**MABATI MEDICAL CENTRE**

03

## Business with a conscience

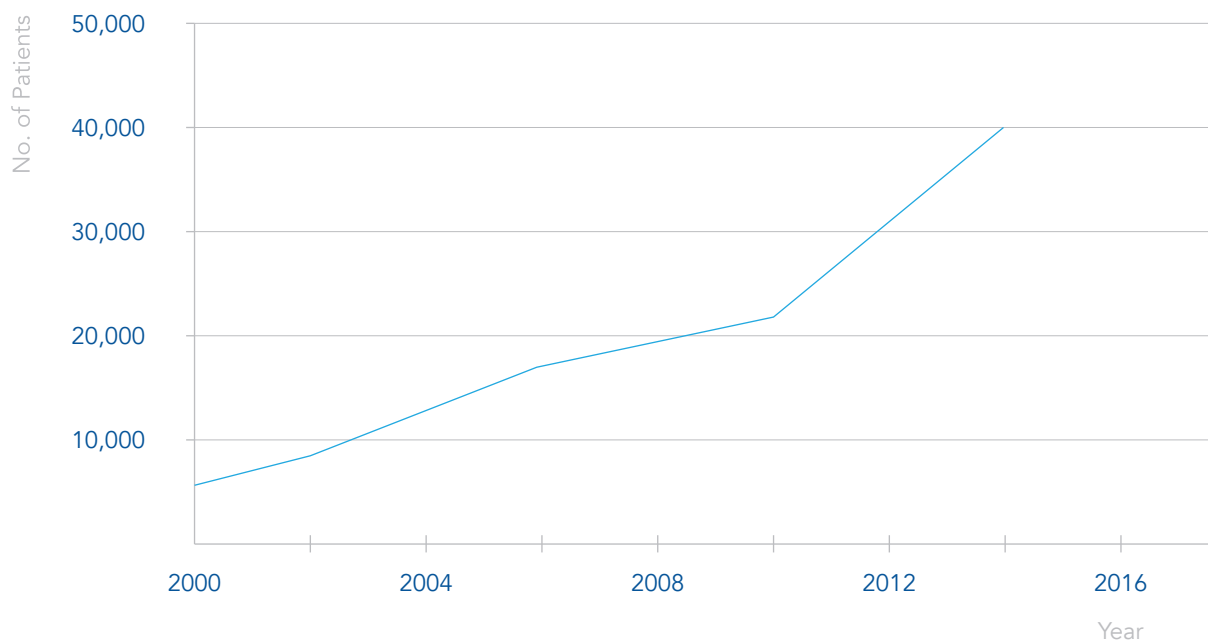
The Mabati Medical Centre was founded in 2000 to provide primary health care to the workers of Mabati Rolling Mills, in Mariakani Town, just outside the port of Mombasa in Kenya. The Mabati Medical Centre provides medical care for the most common life-threatening diseases in the local community, with a focus on the reduction of mother and child mortality, and treatment and education on HIV & Aids. Every year, the Medical Centre provides subsidized quality medical care to over 35,000 families.



In most cases the cost of just the medicines is more than the fee charged. Despite the subsidized fee charged most of the households in this community who are barely on the bread line still find it very challenging to access quality healthcare because of high poverty levels and limited sources of income.

With this scale of operation, the facilities have constantly been added and now also consist of a Diagnostic Centre with consulting rooms, Ultrasound and X-Ray facilities and a fully equipped Laboratory.

## Increase in patients between 2000 and 2015



### Kshs 350

*The subsidized cost of consultation, treatment and medication.*



### Common Diseases

*HIV/AIDS, Malaria, Diarrhea, skin diseases, Urinary tract infections and general infections.*

# Basic Healthcare Services

Mabati Medical Centre provides a range of services to Mabati Rolling Mills staff and neighbouring communities:

## 1) Immunizations:

Children receive all necessary immunizations or vaccinations and full records are maintained. 10,668 children have been immunized since 2013.

## 2) First Aid/ Primary Care:

The Centre is equipped to deal with all minor injuries and general sicknesses.

## 3) Specialist Treatment:

Several times a year, assisted by the Lions Club of Mombasa Pwani and like-minded organisations and medical professionals, specialist medical “camps” provide free dentistry, eye care and family planning services to the community, and can treat more than 1,500 patients in a single day.

## Outreach and awareness

Good health contributes to well-being, longevity and productivity and since families tend to share health habits, promoting general awareness of good health and hygiene practices can contribute to healthier communities.

The Mabati Medical Clinic runs various outreach programmes in neighbouring communities;

- HIV / AIDS & TB education program in collaboration with BOMU hospital
- Woman's Health
- Family planning
- Maternity and child care
- Community health and hygiene
- Drug and Alcohol abuse

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# Our Impact Assessment

While the foundation is responsible for many philanthropic and corporate social investments across the countries it operates, its earliest, most prolific and successful initiatives have been in Kenya.

Following are some of the impact of the two flagship projects the Mabati Technical Training Institute (MTTI) and the Mabati Medical Centre (MMC) that are currently sponsored by Mabati Rolling Mills Limited and partners.



# MTTI Impact Assessment & Results

## Impact Assessment Indicators

The following indicators were measured to assess impact and change through the intervention of the Institute:

1. Access to Income opportunity
2. Development of skills, technical as well as life skills
3. Increased access to resources, financial and information
4. Multiplier role for the family and community
5. Improvement in self-esteem

## Access To Income Opportunity

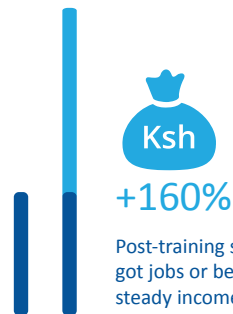
For youth who either drop out of school due to extenuating circumstances or those who cannot pursue a tertiary education, what skills do they possess that will allow them to earn income in today's world? Unskilled labour barely fetches minimal wage income as stipulated in Kenya labour laws, so these youths would further become dependent on families and communities struggling to emerge out of poverty, deepening the cycle of poverty.

# Highlights

- Graduates from MTTI recorded an average increase of monthly income by 160%
- This opportunity also meant that 100% of the respondents are able to afford basic food and clothing for themselves and their families.
- All graduates now earn above the national minimum basic wage, whether in employment or through their own businesses
- 35% of the top earners among the men graduated from electrical wiring course and 72% of the top earners among women graduated from the sewing course

Average monthly income increased by 160% after acquiring skills

Pre-training students earned money through odd jobs and unskilled labour



Post-training students acquired skills, got jobs or became entrepreneurs with steady income

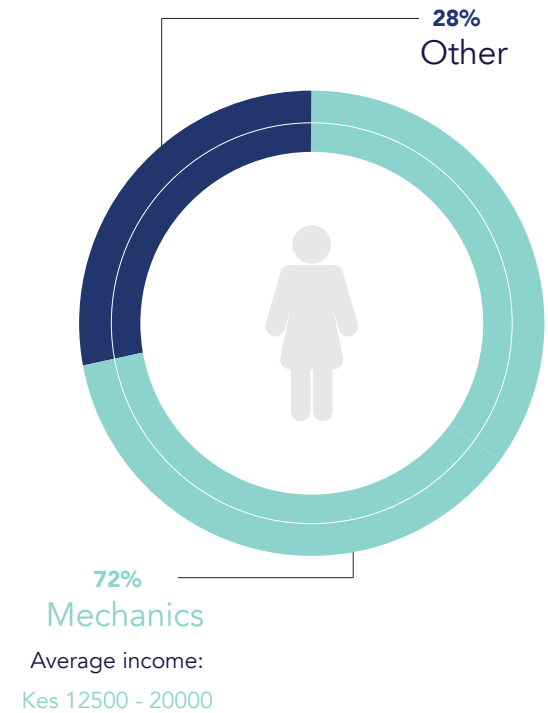
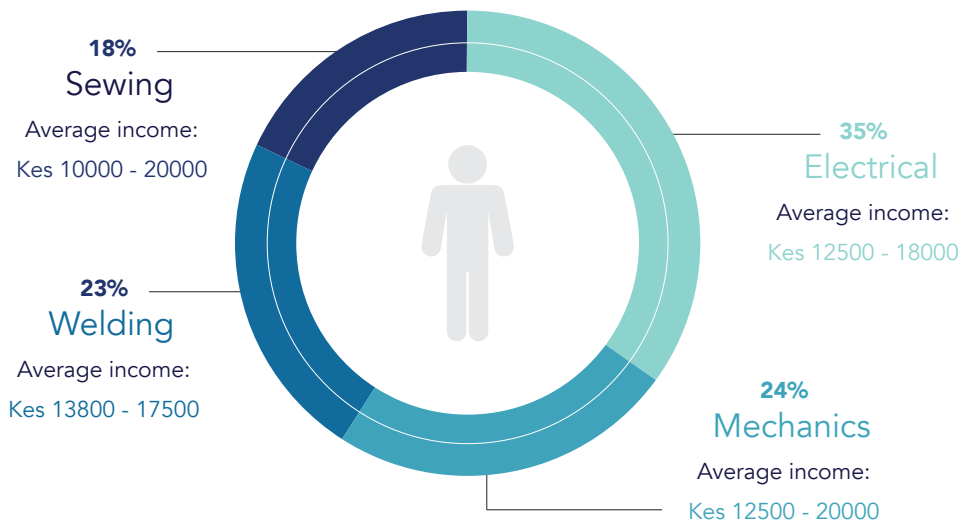


100%

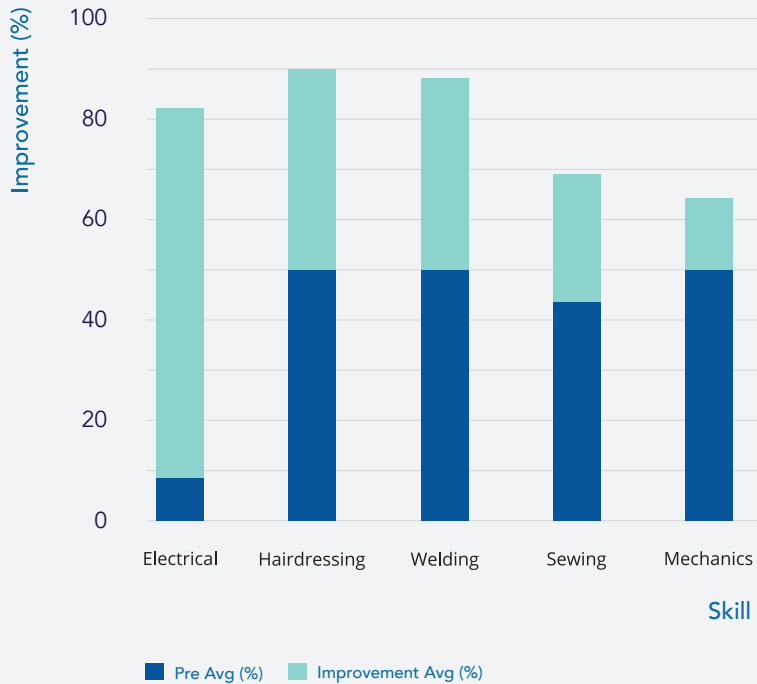
All respondents are able to afford food and clothing for themselves and their families.



# Income distribution across various skills by gender



# Technical Skills



## 4.2

# Skills Improvement: Technical and Soft Skills

For improvement in their technical skills, survey participants rated their technical skills prior to taking the training courses and after they graduated. Skills were rated between Basic, Intermediate and Expert.

The highest improvement in skills was recorded in Electrical Wiring (75%) and the lowest was in Mechanics (13%). This indicates that students don't have access to a highly specialized field such as electrical wiring prior to joining the institute whereas other courses such as sewing and mechanics they are able to intern or learn through other means before joining.

## Life (Soft) Skills



Life (or soft) skills improvement, survey participants rated their soft skills prior to taking the training courses and after they graduated.

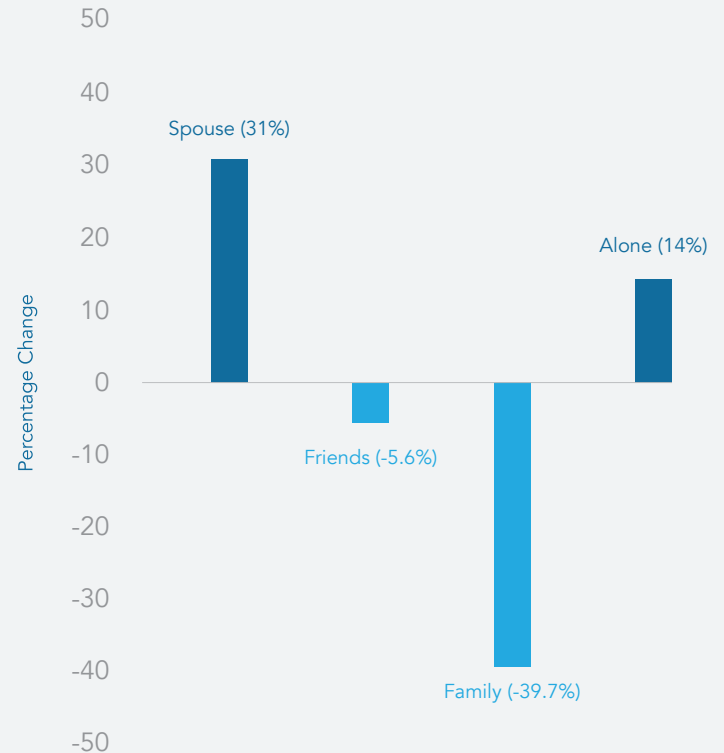
- The skill that improved most is teamwork (70%)
- The ratings are similar across gender, with a couple of sharp variations.
- The skill that improved the least was conflict resolution (30%), but interesting to note that almost twice as many women rated it as an improvement than men, bringing the average much lower. This is also an indication of the ability of women to handle conflict resolution better than men.

# Financial Independence

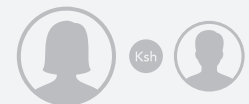
Graduates recorded an impressive independence upon leaving the institute. This indicates that they are ready to start life on their own, start families and wean themselves off parents' and family support.

The highest increase in living conditions from before joining and after graduating is with a spouse – an increase of 31%. The lowest decrease in the same category was living with parents – a decrease of nearly 40%

## Change in Living Conditions after Graduating



More women have access to loans. 18% of men can access loans and 28% of women are able to find credit.

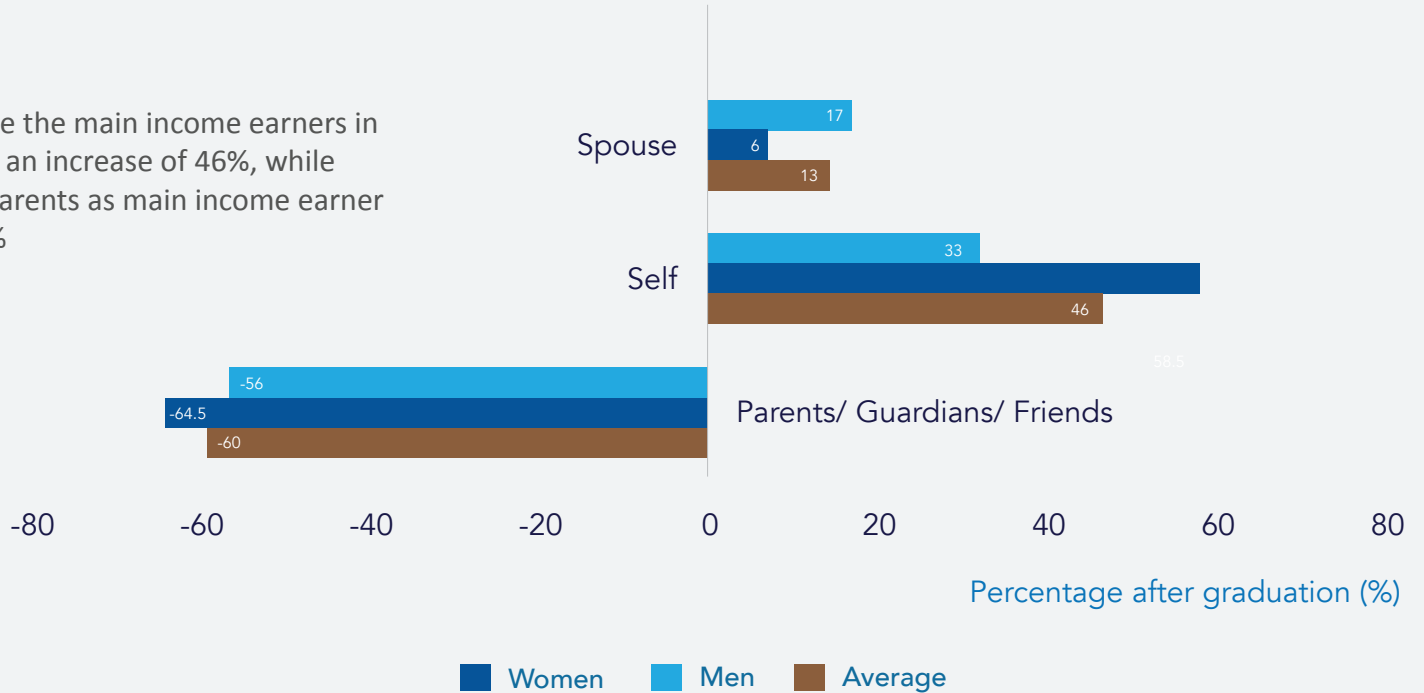


28%

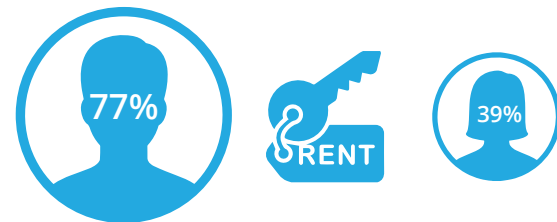
18%

## Main Income Earner in the Household

Graduates became the main income earners in their households, an increase of 46%, while dependence on parents as main income earner decreased by 60%



77% of surveyed male MTTI graduates are able to pay their own rent. 39% of women are able to do the same. Note that the ability to pay the rent is not necessarily an indicator that women are less empowered, but more so the social and family structures within the local context that do not necessitate the women to pay rent when living with a man or others.

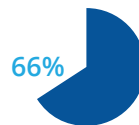


# Multiplier Effect: Contribution towards family and community

This is an important aspect of the impact assessment as it measures the giveback to the support system that enabled the youth to get to the institute in the first place. By demonstrating that the institute is enabling the graduates to increasingly support their families and communities is a testimony to the sustainability of their intervention in the locale of Mariakani.



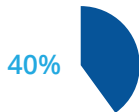
advise family members on issues that will improve the conditions at home



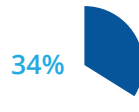
advise community members on issues that will lead to community development



advise family members on issues that will improve the conditions at home



advise family members on issues that will improve the conditions at home

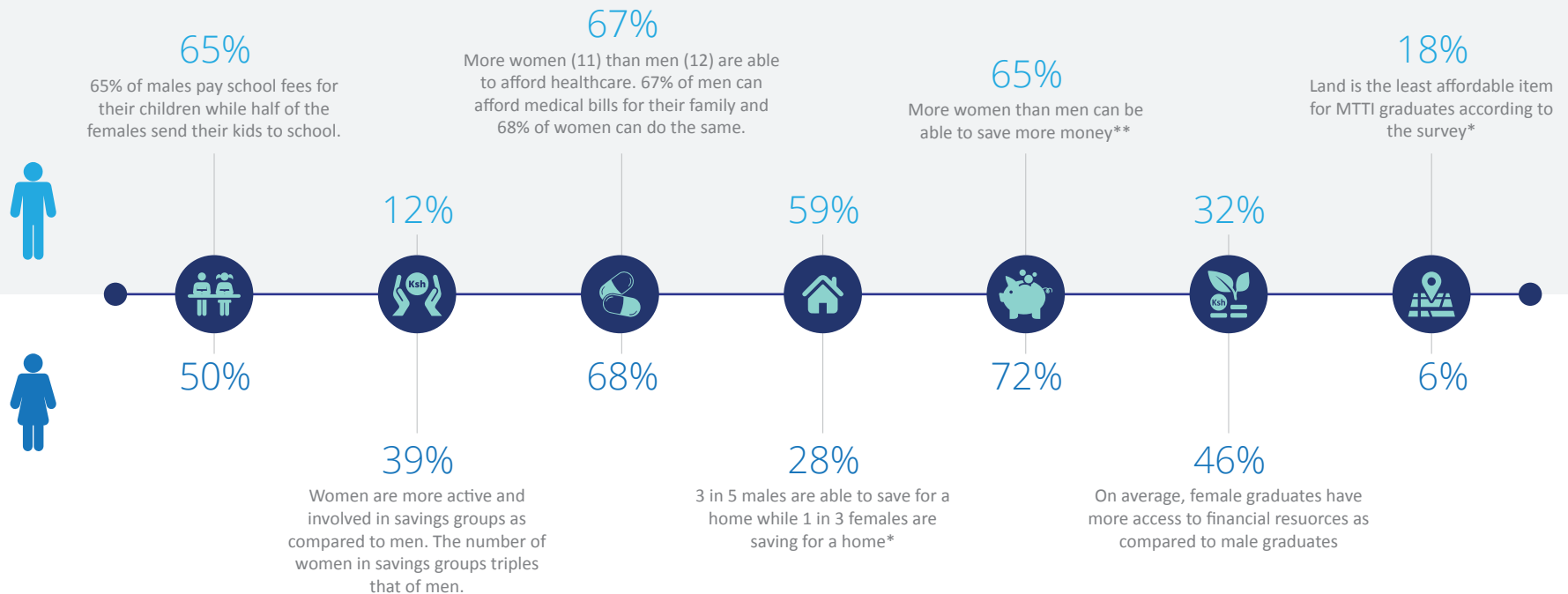


advise family members on issues that will improve the conditions at home



advise family members on issues that will improve the conditions at home

## Gender Infographics on Purchasing Power and Access to Finance (After Graduating)



\* This does not necessarily imply women are not empowered. Some women are not the heads of their households. Some responsibilities are deemed to fall to their male partners. In the case of home and land ownership, there are still some cultural barriers in rural areas to women taking the lead.

\*\* Women partake more in joint savings group. Even at MTTI, the management organize meetings for women's saving groups to convene and discover ways of saving money.



# MMC Impact Assessment & Results

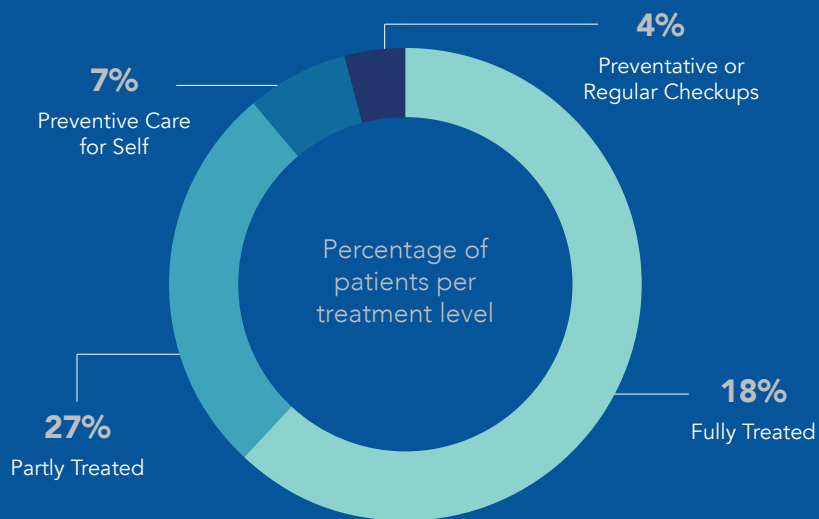
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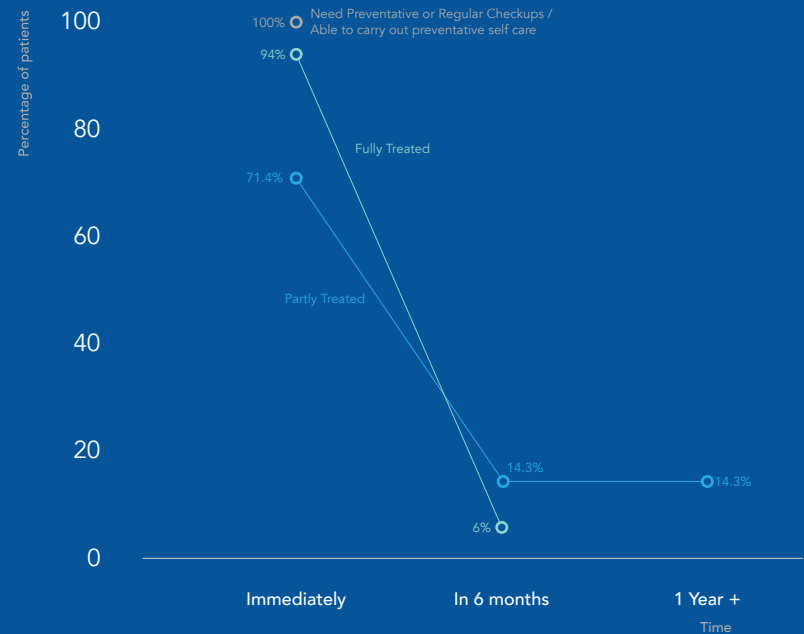
1. Health improvement
2. Services accessed
3. Frequency of visits
4. Reasons to visit MMC
5. Improvement in self-esteem
6. Case Studies



# Health Improvements and Timelines

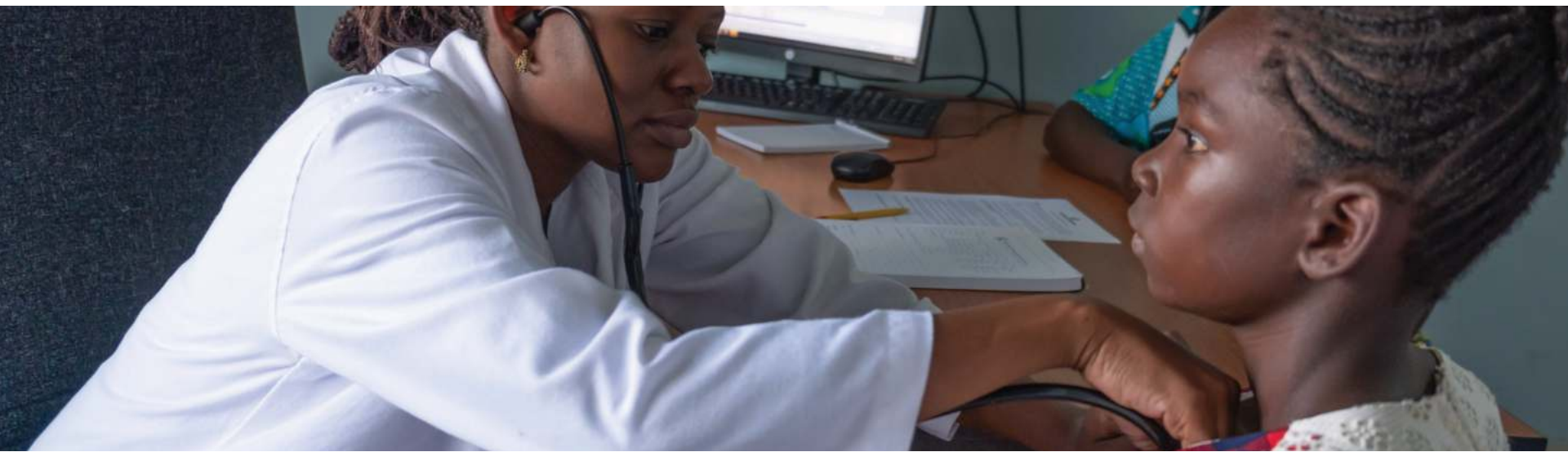
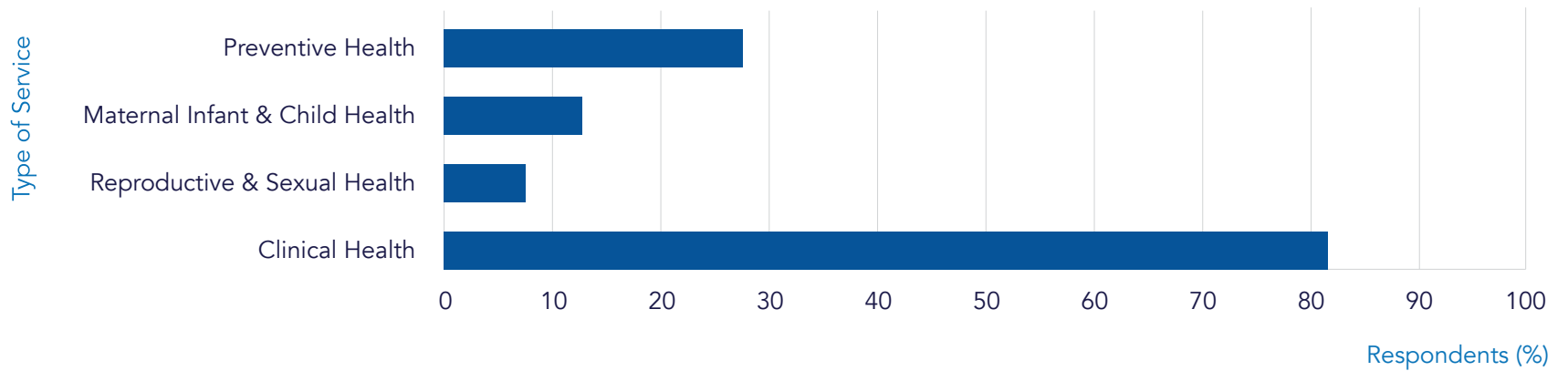


Percentage of patients per treatment level over time

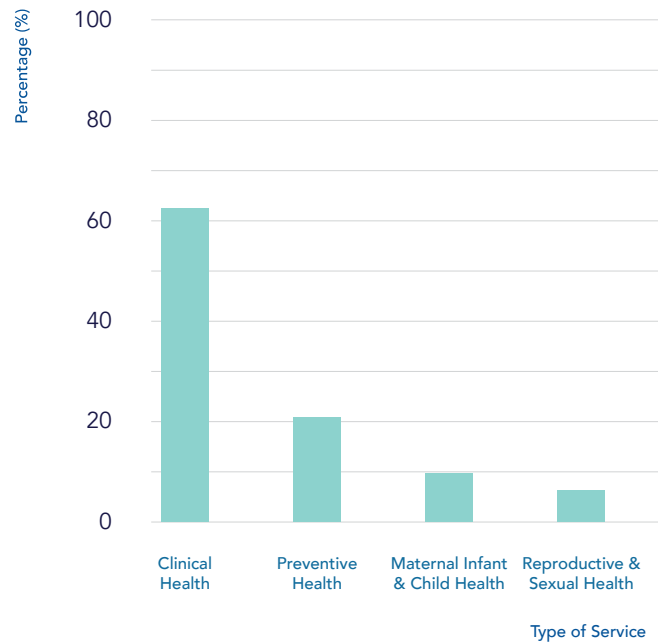


# Services accessed

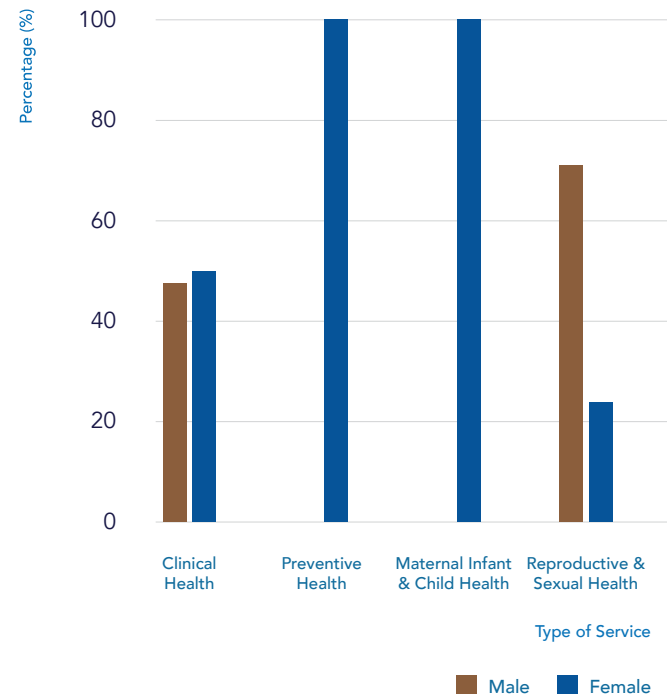
## MCC Services accessed



## MCC Services accessed individually

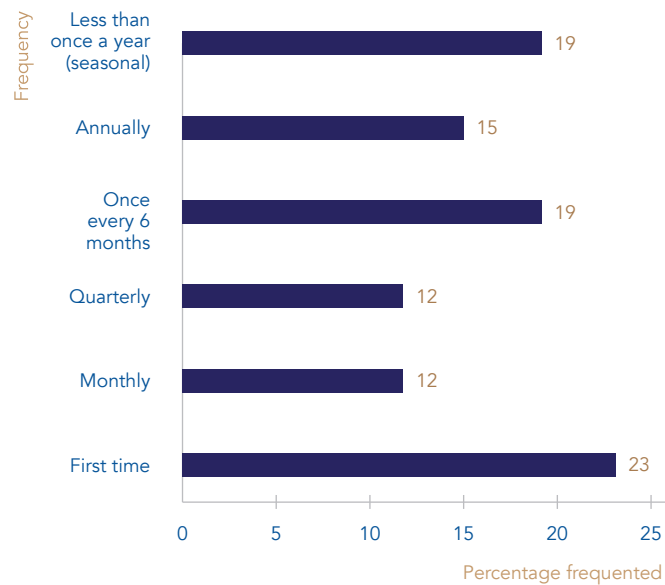


## MCC Services accessed by gender

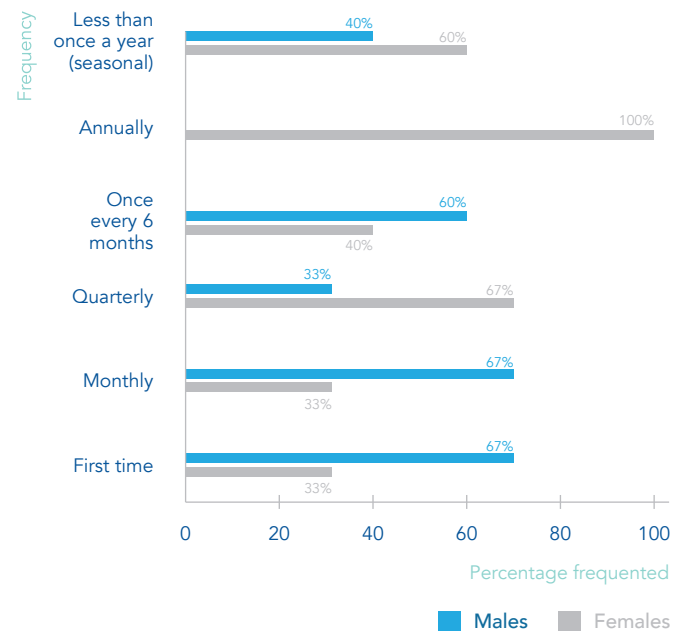


# Frequency of Visits

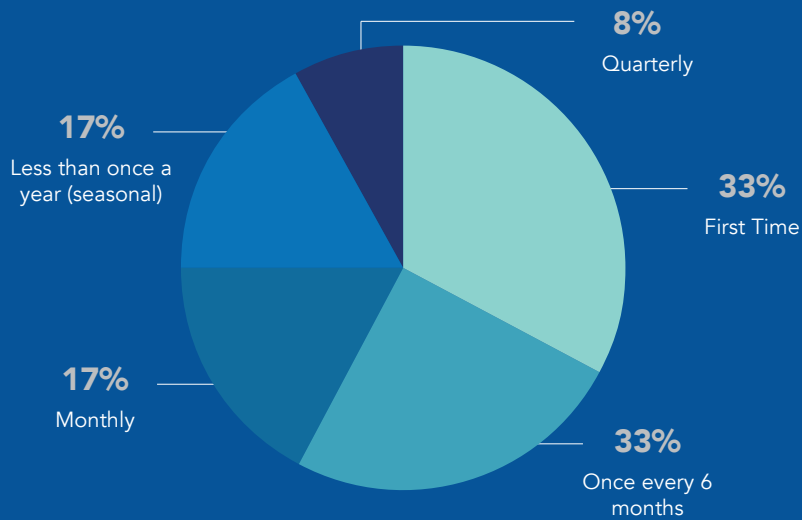
## MCC Frequency of Visits



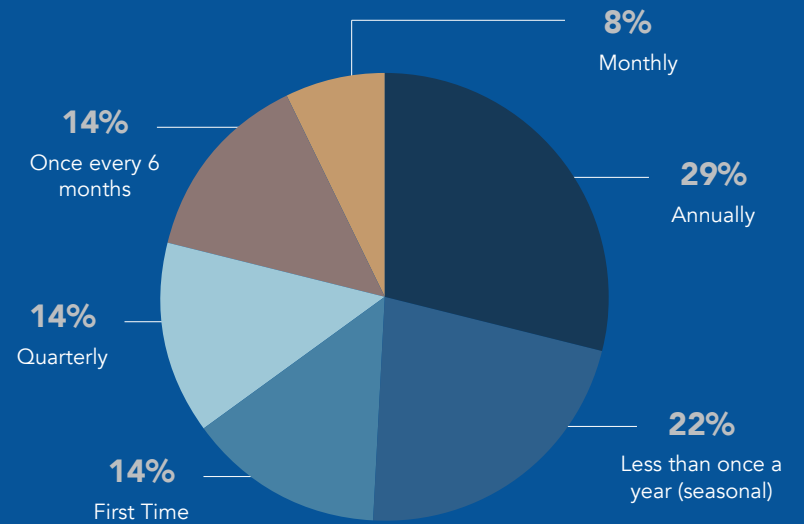
## MCC ratio of males to females on frequency of visits



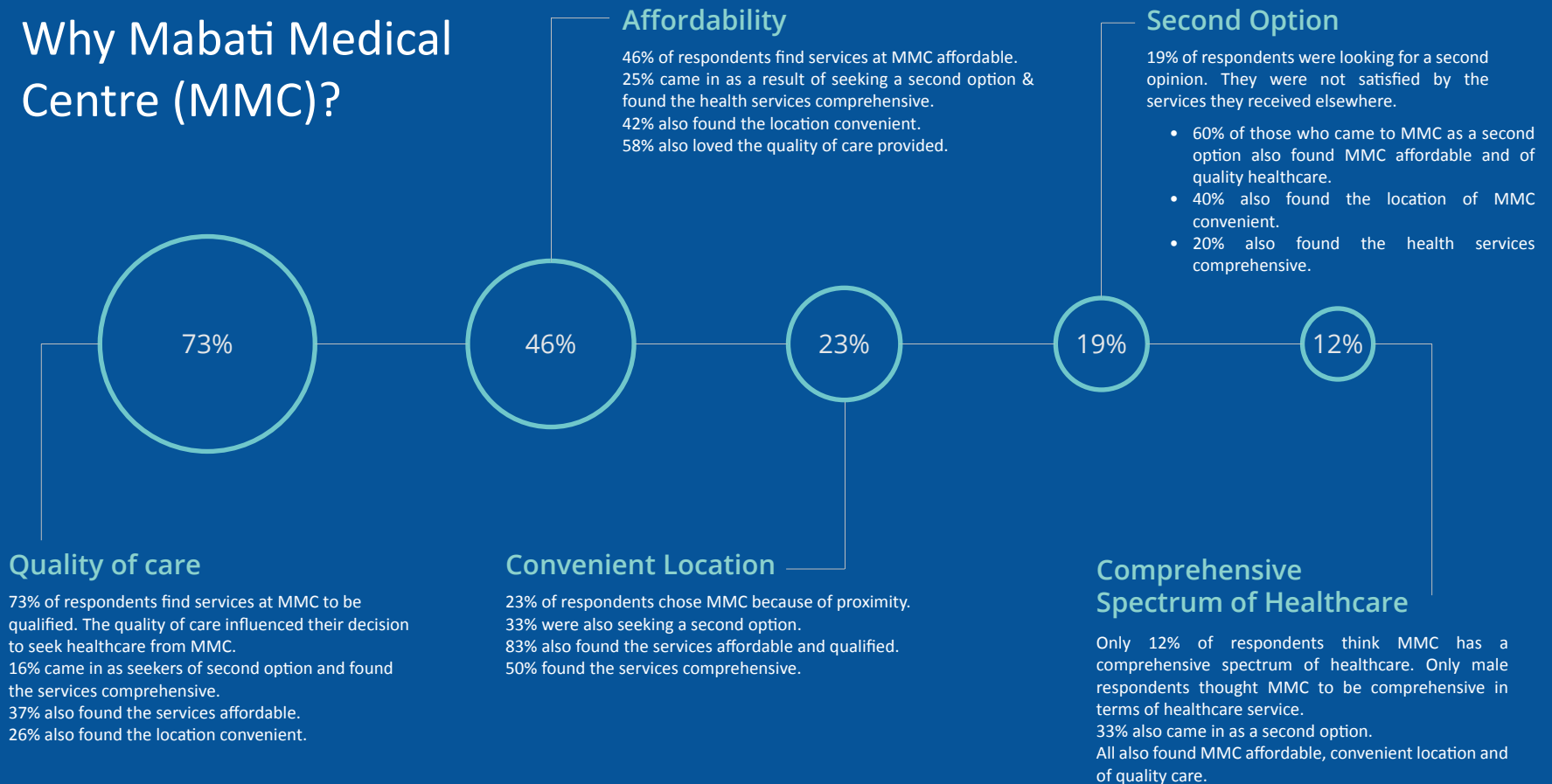
## Trends of males frequenting MMC



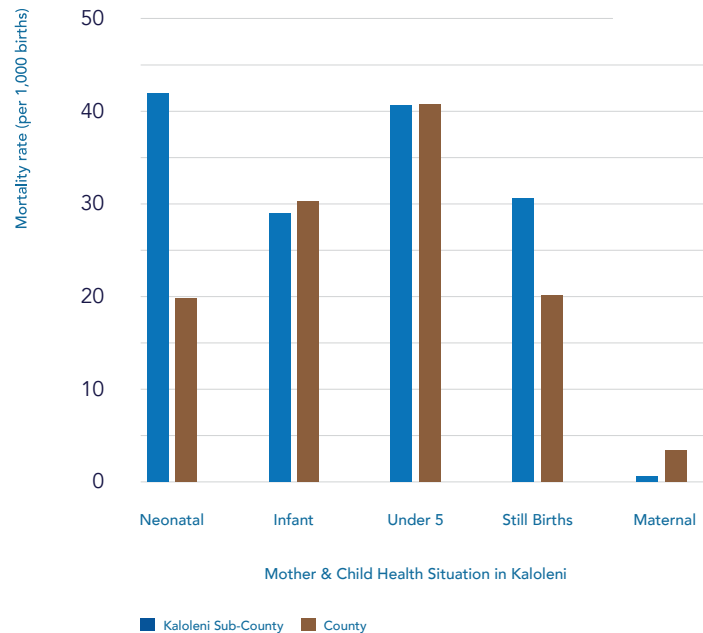
## Trends of females frequenting MMC



# Why Mabati Medical Centre (MMC)?



## Kaloleni Sub-County Maternal and Infant mortality rates



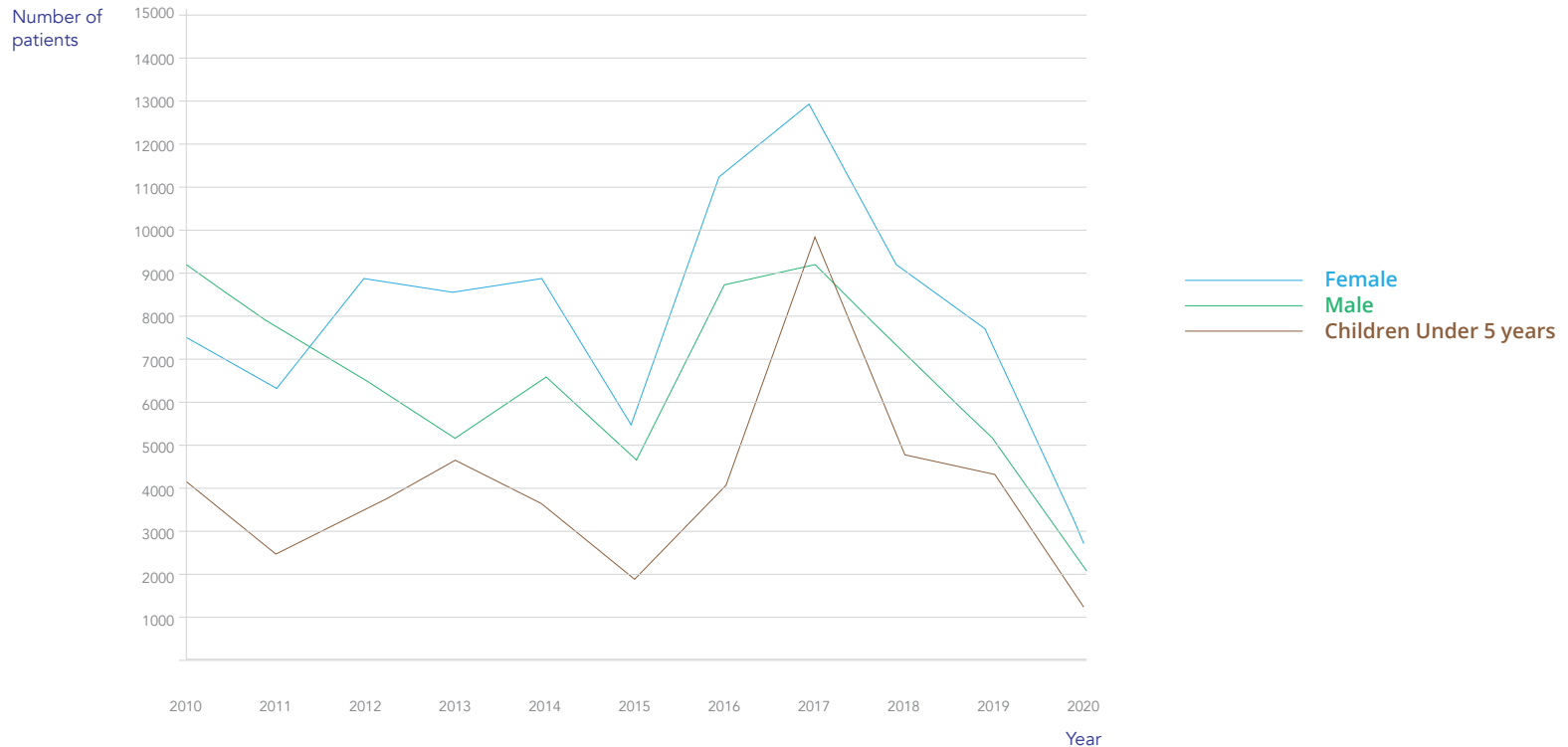
Kaloleni Sub County has high Neonatal, Still births and Under 5 mortality rates compared to the national rates. This indicates that a lot of focus should be put in Mother and Child Health in this region.

## HIV situation in Kaloleni Sub-County

According to DHIS 2 there are currently 5,572 people infected with HIV in Kaloleni Sub County. The population of the Sub County according the National census report of 2019 is 193,682. This translates to a prevalence of 2.8% comparing to the national prevalence of 4.9%, this shows the programs in place are working.

BOMU medical centre in Mariakani supports 3,400 people infected with HIV in Kaloleni Sub County. This translates to 61% of the total HIV infections in the Sub County.

## Number of Patients attended at MMC 2010 - 2020



The total number of patients attended from 2010 up to date is **249,659**

Mother and Child clinic began its services in 2013 and has given the following services

- i. Antenatal clinic – 1,913
- ii. Postnatal clinic – 942
- iii. Vaccinations – 10,668

Family planning services began in 2016 and we have attended to **1,810 women**.



# Self Esteem

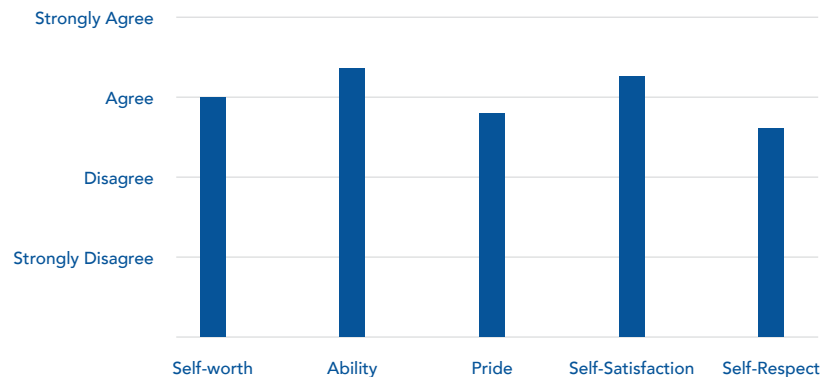
We have also analysed how patients feel about themselves after they have received treatment. Too often prolonged illnesses and chronic conditions render patients feeling inadequate and reduce their confidence in living life normally. This can also lead to manic depression and other related illnesses.

We have used the Rosenberg Self Esteem Scale to measure the self-esteem of patients that have received treatment at MMC. The Rosenberg self-esteem scale (RSES), developed by the sociologist Morris Rosenberg, is a self-esteem measure widely used in social-science research.

The questions posed to the survey participants post treatment were:

1. I feel that I'm a person of worth, at least on an equal plane with others
2. I am able to do things as well as most other people
3. I feel I have much to be proud of
4. On the whole, I am satisfied with myself
5. I have more respect for myself

The results are encouraging.



05

# Funding And Sustainability

The **Mabati Medical Clinic** is funded by the Safal MRM Foundation, a philanthropic enterprise of Safal Group and Mabati Rolling Mills. MRM Employees and other generous donors provided additional funding.

To support us, or find out more, please visit the Mabati Trust website, [www.mabatitrust.org](http://www.mabatitrust.org).

Please assist us to help the vulnerable members of this needy community.

You could become a:



**PATRON**  
of Mabati Medical Centre  
by donating Kshs 5 million  
over 5 years.



**GOLD SPONSOR**  
by donating Kshs 2  
million over 3 years.



**SILVER SPONSOR**  
by donating Kshs  
1.2million over 3 years.



**MEDICINE SPONSOR**  
with any contribution  
towards the Kshs 350,000  
we spend per month on  
medicine to give to  
patients for free



**CANCER AWARENESS  
AND PREVENTION  
PROGRAM SPONSOR**  
by donating Kshs  
300,000 specifically for  
this purpose.



**MABATI TECHNICAL  
TRAINING INSTITUTE**

# Funding And Sustainability

The **Mabati Technical Training Institute** was seeded with land and buildings from Mabati Rolling Mills which is based in Mariakani and with grant funds from the European Investment Bank.

Whilst some income is generated from the production units within the school, this does not cover costs. Further funding is sourced through grants, donations and sponsorships.

To support us, or find out more, please visit the Mabati Trust website, [www.mabatitrust.org](http://www.mabatitrust.org).

Please assist us to help these youngsters fulfil their dreams of becoming breadwinners, and being dignified contributors to their community

You could become a:



### **GOLD SPONSOR**

by donating  
US \$ 10,000/= in the 1<sup>st</sup> year  
\$ 7,000/= in the 2<sup>nd</sup> year &  
\$ 5,000/= in the 3<sup>rd</sup> year.



### **SILVER SPONSOR**

by donating  
US \$ 5,000/= in the 1<sup>st</sup> year  
\$ 3,000/= in the 2<sup>nd</sup> year &  
\$ 2,000/= in the 3<sup>rd</sup> year.



### **BRONZE SPONSOR**

by donating  
US \$ 1,000/= to cover 3 years

You could sponsor individual students as follows: -

#### **Single Student**

You could sponsor the complete training of one student for two years by donating Kshs 40,000/= which is equal to USD 500.

#### **Multiple Students                      Kshs per year**

5 students	100,000
10 students	200,000
20 students	400,000
50 students	1,000,000
100 students	2,000,000

Or you could sponsor meals: -

We provide lunch for our students and for quite a number of them this is the only meal they have in a day. The cost of feeding over 200 students is Kshs 150,000/= per month.

# Account Details



**ACCOUNT NAME:** MABATI MEDICAL CENTRE  
**BANK NAME:** NCBA BANK  
**BRANCH:** NKRUMAH BRANCH  
**A/C NO:** 1000152575  
**BANK CODE:** 07000  
**SWIFT CODE:** CBAFKENX



**ACCOUNT NAME:** MABATI TECHNICAL TRAINING INSTITUTE  
**BANK NAME:** NCBA BANK  
**BRANCH:** NKRUMAH BRANCH  
**A/C NO:** 1000188634  
**BANK CODE:** 07000  
**SWIFT CODE:** CBAFKENX